

LET IT SNOW

Toss and catch white scarves.
Blow bubbles.
Dip hands or feet in
'play snow'.

12 DAYS OF CHRISTMAS

Provide flashcards of #'s 1-12
Have students choose the
correct number before singing
each verse.

UP ON THE ROUSETOP

Create sound effects with
rhythm instruments.
Sticks= click, click
Slide whistle= chimney
Drum= ho, ho, ho

DRUMMER BOY

Beat along on a drum
for each 'pa-rum-pa-pum-pum'.



FELIZ NAVIDAD

Play Latin instruments.
Hold up a green card (play)
or a red card (stop).

JINGLE BELLS

Follow the leader
with handheld bells.
Play up high, down low,
fast, slow, loud, and quiet.

JOY TO THE WORLD

The main melody of the song
is a descending scale which
is easy for a child to play in the
key of C on piano
or xylophone

DECK THE HALLS

One partner plays instrument
on the first part of each verse.
The other partner plays on
'Fa, la, la'.

Christmas Carols for Music Therapy

Interactive Ideas to Teach Social Skills, Language Concepts, Motor Coordination & More!
Happy Holidays from Coast Music Therapy

by the musical elves Betsy Hartman, Vanessa Contopulos, Laura Anderson, & Michelle Lazar
Board Certified Music Therapists Visit us at www.coastmusictherapy.com