LET IT SNOW
Toss and catch white scarves.
Blow bubbles.
Dip hands or feet in ‘play snow’.

12 DAYS OF CHRISTMAS
Provide flashcards of #s 1-12
Have students choose the correct number before singing each verse.

UP ON THE HOUSETOP
Create sound effects with rhythm instruments.
Sticks= click, click
Slide whistle= chimney
Drum= ho, ho, ho

DRUMMER BOY
Beat along on a drum for each ‘pa-rum-pa-pum-pum’.

FELIZ NAVIDAD
Play Latin instruments.
Hold up a green card (play) or a red card (stop).

JINGLE Bells
Follow the leader with handheld bells.
Play up high; down low, fast, slow, loud, and quiet.

JOY TO THE WORLD
The main melody of the song is a descending scale which is easy for a child to play in the key of C on piano or xylephone.

DECK THE HALLS
One partner plays instrument on the first part of each verse.
The other partner plays on ‘fa, la, la’.

Christmas Carols for Music Therapy
Interactive Ideas to Teach Social Skills, Language Concepts, Motor Coordination & More!
Happy Holidays from Coast Music Therapy

by the musical elves Betsy Hartman, Vanessa Contopulos, Laura Anderson, & Michelle Lazar
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